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### **Resistance Bands**

Available to order individually, in pairs, or as part of a full set, go-anywhere accessory for customized resistance training—from mobility work and pull-up assistance to banded squats and bench presses. There are (8) color-coded versions of the natural latex rubber stretch bands to choose from, each

measuring 41" in length, but varying in width, thickness, and overall resistance. This makes each band more specialized for certain types of training.

Product Name : Resistance Bands



**Rizhao good crossfit co.,ltd**

**Address:**No.169, Shandongxi Road, Rizhao City, Shandong Province

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**Phone:**+86-13326333935



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## Environment-friendly, Safe and Durable

Made of 100% Natural Latex, Long-range Elasticity,  
Breathable and Anticorrosion, Anti-snap



Environmental  
Protection



Safety and  
Protection



Super Elastic



Breathable

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<b>Pound value</b>	<b>Size (C*H*W)</b>
<b>5-15lbs</b>	<b>2080*4.5*6.4 mm</b>
<b>15-35lbs</b>	<b>2080*4.5*13 mm</b>
<b>20-60lbs</b>	<b>2080*4.5*19 mm</b>
<b>25-65lbs</b>	<b>2080*4.5*21 mm</b>
<b>30-80lbs</b>	<b>2080*4.5*29 mm</b>
<b>35-85lbs</b>	<b>2080*4.5*32 mm</b>
<b>50-125lbs</b>	<b>2080*4.5*45 mm</b>
<b>60-175lbs</b>	<b>2080*4.5*64 mm</b>
<b>80-230lbs</b>	<b>2080*4.5*83 mm</b>
<b>100-250lbs</b>	<b>2080*4.5*101 mm</b>

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